

# SASA NEWSLETTER – October 2015

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## □ Diary



<b>OCTOBER</b>	<b>Monday</b>	19	Annual Exhibition: Hanging Day and Opening
	<b>Friday</b>	23	Studio Visit – Dylan Lewis
	<b>Tuesday</b>	27	Hiking and Sketching Outing – Steenberg Peak
	<b>Thursday</b>	29	Monthly Meeting: Talk by Mary Visser – The Courage to Play
<b>NOVEMBER</b>	<b>Thursday</b>	26	Monthly Meeting: Eleanor Palmer evening and Competition
	<b>Saturday</b>	28	Art in the Park, Rondebosch Park

**Natural abilities are like natural plants that need pruning by study - Sir Francis Bacon**

## □ Letter from the President

Dear Members,

Well Liz and I are back from a very arty Paris. Thank you Jeremy Day for standing in for the two months. Sadly while we were away, one of our artists/friends passed away. June Hofmeyr we will miss you and your lovely watercolours. Our condolences to friends and family.

One thing about being in Paris was how important sketching became and I would like to share this with you. Drawing outside is known as "Plein Air" drawing. Literally translated, this French term means "in the open air". Drawing and painting outside is a common thing for artists to do today, but as writer Marion Boddy Evans explains, "...in the late 1800s when the Impressionists ventured out of their studios into nature to investigate and capture the effects of sunlight and different times of days on a subject, it was quite revolutionary."

We rushed around photographing everything, but it wasn't until we actually sat and sketched that we really saw everything. After photographing Notre Dame for days, we started to sketch it from different views, only then did we see how damaged the magnificent building actually is. We began to really love all the different parts of it, the statues that stand guard on the roof, all the incredible gargoyles that were originally the drain pipes. Thank goodness they are no longer, as to see them vanish would be sad.

Almost every day we would go and sketch bridges; believe me they were all different and truly majestic, the fact that they had a purpose, secondary to the beauty and history they portrayed. Once again sketching changed the way we saw them, it was exciting to go in search of another bridge.

Just before Di Ackerman left she said we must go to Musee Gustav Moreau and this was one of the highlights for me. The museum contained 6000 sketches, 350 watercolours and paintings, which totalled 8000 works all by this amazing artist, who taught Matisse and many other famous artists. Here it became very clear once again the importance of sketching from life. He sketched every part of his paintings before they appeared on the canvas.

I will definitely continue to sketch every single day. We also learnt that no matter where you are, you can always find something to sketch. Now that it is summer and all the plein air outings are starting again, get yourself out there, it is life changing.

Adolfo McQue did an amazing oil demonstration in September. I was sorry I missed it, but had lots of positive feedback from the members, thank you Adolfo.

The Annual exhibition is upon us, can't wait to see all the selected works. We are lucky to have so many good artists. Hanging day is the 19<sup>th</sup> October; the opening will be done by Donna McKeller. The date for the Merit is 25<sup>th</sup> January to 7<sup>th</sup> February 2016 and all the artists who qualified have been contacted.

Our next SASA Art in the Park, 28<sup>th</sup> November, is going to be huge. Other art societies have been invited to join us on the day and Adrian Larkin and his team will have their hands full. SASA Art in the Parks have turned out to be a great success.

Happy painting !

*Glenda Chambers*

## ☐ Member News and Happenings



The noticeboard is put up at every monthly meeting and the latest news from the art world put up for your information. You are invited to bring along your own bits of information to post on the board. Members are also welcome to put up notices advertising their art related products or classes. Please contact Kate Pearce on [katiemp69.kp@gmail.com](mailto:katiemp69.kp@gmail.com).

A welcome to new members who joined in September -

- Lindsay Page-Macdonald
- Georgette Tayler

We look forward to meeting you at our monthly meetings.



It is with great sadness that we say goodbye to one of our members, **June Hofmeyr**, who died at the beginning of September.

June was a well known figure always out painting (and encouraging others) to paint 'en plain air'. She was an active member of SASA, taking part in all our exhibitions and plein air outings. We will miss you June and our condolences go to your family and friends.

A big thank you to all of you who checked your 'spam' boxes. We had less returns last month – in fact only one! Please keep SASA updated with any changes of address, telephone numbers, email addresses, etc. and if you have any news that you think will be of interest to our members, please email the info to [secretary@sasa-artists.co.za](mailto:secretary@sasa-artists.co.za).



## ☐ SASA Programme - What's on

**Monthly Meetings:** SASA Monthly Meetings are held at the Athenaeum, Boundary Terraces, off Campground Road, Newlands, on the last Thursday of every month at 19h00. Entry is R10 for members and R20 for guests, including refreshments. The library will be open from 17h45 to 18h45 – your membership card is your access to the library.

### Thursday 24<sup>th</sup> September: Oil Demo with Adolfo McQue

Adolfo demonstrated and entertained for 45 minutes, painting entirely from memory! All those who attended the monthly meeting thoroughly enjoyed Adolfo's demonstration in oils. (Pictured – Adolfo with Leon Rubens and his portrait of Leon)



### Thursday 29<sup>th</sup> October: Talk with Mary Visser: The Courage to Play: A Painter's Journey into the Unknown

In this talk Mary will share her story as an artist and her process of how she navigates painting within the intimate studio context. Her play-driven approach fuels the desire to make paintings; she is pulled into the studio through a mixture of curiosity and excitement to see what



may happen. In this talk she will share some of her thoughts and discoveries on painting collected over the years through her experiences as a teacher, student and painter.

### Thursday 26<sup>th</sup> November: Eleanor Palmer Competition and End of Year Function:

Start putting the finishing touches to your masterpiece for the final competition of the year. This is an open subject competition in any medium, and will follow the same procedures as our other in-house competitions. These will be fully detailed in our November newsletter. Remember, you have to be there to enter. And to finish the evening, Christine Cherry-Jones and Ros Molteno will be conducting a Pub quiz ....

## ☐ Exhibitions

### 109<sup>th</sup> Annual Exhibition: 19<sup>th</sup> to 29<sup>th</sup> October:

Preparations for the 109<sup>th</sup> Annual exhibition are well under way. If you had work selected for the Annual, you will need to bring that work to Kirstenbosch on the morning of 19<sup>th</sup> October – all the details are on the Conditions of Entry you received for Selection. All you need to bring is the receipt from Selection Weekend. And of course, the work that was selected!

*Please note that all canvas boards and thin stretched canvases must be framed for the Annual Exhibition. If any work is sold prior to the exhibition, it will still have to be exhibited and the relevant commission will be payable. These works will be exhibited with a 'sold' red sticker.*

### Art in the Park: 28<sup>th</sup> November:



Rondebosch Park will be our venue for the next Art in the Park on Saturday 28<sup>th</sup> November. Remember you can put up work that has been on previous SASA exhibitions for AIP, but it must be original artwork.

Printed work in the form of postcards, greeting cards, etc. will *only* be accepted provided original artwork is also available.

Full details in the November newsletter. All the details will be sent out later in October, but if you would like to book your space, please email Adrian Larkin at [adrian@brandesign.co.za](mailto:adrian@brandesign.co.za). Once Adrian has received your booking, payment can be made to SASA Nedbank Constantia branch 198765 account number 1088006981, but please use your name and the initials 'AIP' with your payment.

### Members 2 Exhibition: 2<sup>nd</sup> to 10<sup>th</sup> December:

Members' 2 will be the last event of the year. Thank you to all of you who have let Helen know that you will be taking part. If you haven't done so already, it's not too late. Please email her at [helenvstolk@gmail.com](mailto:helenvstolk@gmail.com). Once we have an idea of numbers, we can then assess how many works of art you may enter. All the details will be sent closer to the event.

### Other Exhibitions:

**Artists of the South** are holding their Spring Art Exhibition from Thursday October 8<sup>th</sup> until Sunday 11<sup>th</sup> in the Simonstown Library Hall. Open from 9am to 5pm daily. Please join them for refreshments and to 'Meet the Artists' at 12 noon Saturday 10<sup>th</sup> October. Music by

Ray Potter This month they will be supporting the Sinethemba Special Care Centre in Masiphumele. For more information, contact Pauline Fine at [paulinefineartist@gmail.com](mailto:paulinefineartist@gmail.com).

### Western Cape Doctors Art Group

The Annual exhibition of the Western Cape Doctors Art Group will be held from Sunday 1<sup>st</sup> November to Friday 13<sup>th</sup> November at the Mediclinic Constantiaberg Foyer. The opening will be at 18h00 and if you would like to attend, please confirm by Wednesday 21<sup>st</sup> October by contacting Portia Manuel on 021 799 2117 or emailing [portia.manuel@mediclinic.co.za](mailto:portia.manuel@mediclinic.co.za).

**Original Cape Art** will be hosting an exhibition of works by 22 Cape Artists at the Sanlam Hall, Kirstenbosch. Paul Andrew will open the exhibition on Saturday 31<sup>st</sup> October at 6pm and thereafter daily from 10h00 to 17h00, until Thursday 12<sup>th</sup> November. Entrance to the exhibition is free after entry to Kirstenbosch Gardens. For further information contact 021 799 8621 during exhibition hours.

The **National Gallery's** exhibition, 'Brushing up on Stern' is on until 1<sup>st</sup> November. This is definitely worth a visit as Iziko South African National Gallery (ISANG) is presenting an exhibition that marks the first dedicated showing of the complete holdings of her work in the Iziko Permanent Collections.



Have you thought about joining the Friends of the National Gallery (FONG)? The Friends are a registered Non-Profit organisation (registration no. 031-358-NPO) Membership Subscriptions • Family R300 • Adult R150 • Pensioner R75 • Student R75, and for this you get

- Free admission to the Iziko South African National Gallery
- Invitations to openings and events at the Iziko South African National Gallery • A quarterly Friends' newsletter to keep you informed about all Friends' events, walkabouts of exhibitions, lectures, films, visits to artists' studios and other places of interest
- Iziko What's On, a publication for all the Iziko Museums
- Arranged access to the Iziko South African National Gallery library

## □ Online Art Gallery

If you haven't signed up for our new Online Art Gallery, you will be missing out on a great opportunity to get your work 'out there'. Yes, it will take a bit of time, but the more people who link their sites/blogs/facebook, etc. the better chance of getting your artwork to the world! Contact Libby Harrison at [art@libbyharrison.co.za](mailto:art@libbyharrison.co.za) to find out more and to take part in the gallery.

Check it out for yourself by visiting the website at [www.sasa-artists.co.za](http://www.sasa-artists.co.za) going to the drop down menu and clicking on Gallery.

There is an initial Joining fee of R250 which includes the first five pieces of artwork plus an annual listing fee of R100. If you sell an artwork through the gallery, you will be able to replace that artwork free of charge but if you decide to update your work or replace an unsold work the cost per change will be R50. Your online gallery expert is Libby Harrison who can be reached at [art@libbyharrison.co.za](mailto:art@libbyharrison.co.za)

## □ Outings



The first hiking and sketching outing on Table Mountain was thoroughly enjoyed by those who braved the climb and the elements. (see pic – look closely and see if you can spot those intrepid artists perched on the side of the mountain!)

The next one will be at **Steenberg Peak, Silvermine East** on Tuesday 27<sup>th</sup> October, from 9h30 – 14h00 or later.

Meet in the parking area; the turnoff is on the left hand side of Ou Kaapseweg if you are coming from the southern suburbs.

We will hike up for about 45 minutes via Wolfkop to Steenberg Peak, where there is a shady cave and wonderful views in all directions.

Along with your sketching things please don't forget water, food, a sunhat, sunscreen and a windproof jacket.

Please contact Linda Howe-Ely on 021 797 2601, 073 5644 845 or [lindahe@vitalitybroadband.co.za](mailto:lindahe@vitalitybroadband.co.za) if you will be attending, or have any queries. Please bring water, a hat and something warm to wear!

## □ Studio Visit

The visit to Dylan Lewis' studio is scheduled for Friday 23<sup>rd</sup> October for 10am. This event was booked up a couple of months ago, but if you would like to put your name down in case of a cancellation, please email Helen at [helenvstolk@gmail.com](mailto:helenvstolk@gmail.com). For those who have booked, a map has been forwarded to you - give yourself an hour to get to The Studio coming along the N2 past the airport and take Exit 43 Somerset West / Stellenbosch 44. Drive along the R44 towards Stellenbosch for 10 minutes until you see the Engen Garage on the right and then follow the map.

## □ Workshops, Classes and Information

Your 2015 membership card will allow you to claim your 10% discount from the following art shops: **Deckle Edge – all branches. The Italian Artshop. Village Brush and Canvas.**

**THE ITALIAN ARTSHOP**  
FOR ALL ARTISTS' PAINTS AND MATERIALS



Riverside Mall (Ground Floor)  
Cnr Main & Belmont Road  
Rondebosch 7700, Cape Town  
TEL: 021 685 1877

Mail order our specialty-set courier fee of only R50.00 to all major cities and surrounds!

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visit <http://www.cloverleafpaintbox.com> for more info

**Coming soon (very soon)..**  
A beautiful range of art books that have never before been available in SA. Authors such as David Curtis, Jean Haines, David Leffel and many more

**The Art Shop in Hermanus** and 5% from **Art Source in Obs** and **Art Sauce in town**. You will need to present your 2015 membership card when claiming your discount, so please ensure that you collect your card at the monthly meeting. All the art shops have instructions to only give the discount to paid up members.

**Auction in aid of Western Cape Artists' Society.** South African artist, Roelof Rossouw, has donated a beautiful, framed, oil painting for auction: (Size inc. frame 630 X 730 mm. The painting may also be viewed at the WCAS meeting on 17<sup>th</sup> October) All offers above the reserve price of R3500 will be considered. Offers may be made

by email to [wcartsoc@gmail.com](mailto:wcartsoc@gmail.com). The highest offer received by 16<sup>th</sup> November 2015 will secure the painting. Payment details will be supplied to the successful bidder upon confirmation. The winner will be announced at the WCAS meeting on 21<sup>st</sup> November. Please contact Shelley Deane at [wcartsoc@gmail.com](mailto:wcartsoc@gmail.com) for further information.

**Applications for the 2015 Artists In Residency (AIR) Programme are now open.** Each year, the [Africa Centre](#), provides artists with the unique opportunity to spend four to six weeks fully dedicated to developing their craft. This year through partnerships with residency programmes in Australia, Brazil, India, Italy, Kenya, Spain, Tanzania and the United States we are proud to offer thirteen unique residencies for our 2015 AIR programme.

AIR is seeking applications from high caliber African artists who are provocative, innovative, socially engaged and stretching the boundaries of their artistic practice. The AIR partners select an artist from a short list provided by the Africa Centre, for one of their 2015 or 2016 residencies. The costs of the residency and round-trip airfare are included in each residency award made. The residencies are available to artists in different stages of their career development (from emerging to late career) across all disciplines: visual arts, performing arts; creative & literary arts; film; music & curatorial practice. Each residency offers a distinct structure, set of requirements and duration. To apply or to find out more about the thirteen residency opportunities, please go to [www.africacentre.net/artists-in-residency/](http://www.africacentre.net/artists-in-residency/). Deadline for application submissions is the 30<sup>th</sup> September 2015.

## Library

Remember that the library is open every monthly meeting from 17h45 to 18h45. SASA subscribes to local and international magazines every month, plus there is a constant flow of new DVDs and books to choose from. These items can be taken out for one month (two items per member at no charge). If you can't make the meeting and have items out on loan, please contact Audrey to renew these items, otherwise you will be liable for a fine on overdue items. Items must be returned after a maximum of two months as there is always a waiting list for popular publications.

If you have any queries on any library matter, please contact Audrey Innes on [audsinnes@hotmail.com](mailto:audsinnes@hotmail.com) or in an emergency, phone 076 571 3976.



## Confidence

Extracts from an article by **Susan L. Vignola, Ph.D,** **American artist from Culpeper, VA.**

"Confidence is not necessarily the horse that pulls the cart. Confidence is the mule that is tied to the rear of the cart. What the devil do I mean by that?"

"This week I found out that a fellow artist pulled out of an art show because she lacked confidence about her painting abilities. She was measuring herself against others, instead of against herself, and in her mind found herself lacking. She was also anxious about the process

of being juried and feared her work would not be accepted...

"... As an artist you may assess your knowledge of the various components and concepts that are said to constitute a successful painting. This assessment may then lead you to have reason to expect the likelihood of a positive outcome. You may say that is confidence, but I think that is self-assurance and faith. Yes, painting is an act of faith.

"On the other hand, if you have entered numerous art shows and racked up acceptance after acceptance, you

have the confidence to enter the next show or competition. However, I know of professional artists who have been and are very successful in the field who still find themselves not accepted into a show from time to time. It need not impair their confidence in themselves.

“None of us like the sting of rejection, but really, what does it mean in the grand scheme of things? The sun still comes up tomorrow. You get up, get dressed, and you get to work. As I once heard a motivational speaker say, “You keep on keepin’ on.”

“One of my favorite parts of the television coverage of Olympic sporting events is learning the biographical information of the athletes. A good number of them have had to overcome hardship and disappointment. The figure skaters are my favorite. Here they are, skating at the pinnacle of their careers, literally in front of the entire world. Inevitably, one or more of them will fall on the ice. They don’t stay down on the ice. In the blink of an eye, they are back up on their skates, continuing their routine, appearing as if there was no miss-step. Yes, that is confidence that comes from years of training, years of falling and getting up and trying again...

“Not every painting painted is going to be a great painting. In actuality, our best paintings may only be a small percentage of our total output. However, if we hadn't painted all those paintings, we wouldn't have those few great ones. The more we paint, the more we hone our skills and capabilities. Each accomplishment

helps nourish our confidence. Unfortunately, progress is not made in a straight line. Progress usually takes a spiral path. We make a gain and then we appear to take steps backward or at least to stumble. Because of all we have learned and integrated, we never regress back to the beginning. We fall back in order to move forward.

“Remember, the master has failed more times than the beginner has ever tried. Embrace your failures for failures are the building blocks of success.”



**LANDSCAPE PAINTING WORKSHOP**  
*with Donna McKellar*

Facilitated by Donna McKellar, this full day workshop takes you through the various techniques employed by Donna to create her unique South African landscapes. For beginners and more advanced artists. Limited to 12 artists p/workshop. You will need to bring your own materials, a list will be supplied. Lunch can be provided at an extra R50. Tea and Coffee will be supplied.

DATE: Thursday 15 October  
TIME: 9am to 5pm  
COST: R500 per person. Paid in advance to secure booking.  
VENUE: The Studio Kalk Bay, 122 Main Rd, Kalk Bay

Email Donna for more information or to book a place.  
info@thestudiokalkbay.co.za

**Do not fail, as you go on, to draw something every day, for no matter how little it is, it will be well worthwhile, and it will do you a world of good.**  
**Cennino Cennini**

We are an affiliate member of the



South African National Association for the Visual Arts (SANAVA)  
[www.sanava.co.za](http://www.sanava.co.za)