

SASA NEWSLETTER February 2024

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Creativity takes courage ... Henri Matisse

Diary

FEBRUARY	Tuesday	13	Merit Exhibition at Kirstenbosch ends	
FEBRUARY	Thursday	29	Monthly meeting: AGM and Drawing and Sketchbook competition	
March	Friday	1	Members' Exhibition 1 at Kirstenbosch until Thursday 14 March	
March	Thursday	28	German Acrylic Shub paints demonstration/talk at the monthly mee	

☐ Letter from the President

Dear Members

The year has started like a race – we are now already in February and have the **Drawing** and **Sketchbook competitions** to look forward to. The rules for the **Drawing Competition** are detailed on page 4 of this issue. There is **no theme**: you may draw with a single colour, on any size paper, the paper can be tinted – so let your imagination run wild. The winners will be awarded vouchers and goodies from Deckle Edge.

Sketchbook Competition (see also page 4)

We are excited announce a brand-new trophy for the Sketchbook Competition: the **Ryno Swart Medal**. This medal was designed especially for SASA and will be presented to the lucky winner by renowned international artist, **Ashley Ogilvy**, in the presence of Ryno's wife, Anne Swart. So please get to drawing as 29 February is just around the corner!

SASA AGM

We will be holding our AGM on the same evening as the competitions. Via a PowerPoint presentation, members will receive an overview of the society's activities during the past year. This is your opportunity to bring up points that you feel need to be raised, to comment on the running of the society and to offer your services on Council. If you would like to help by standing for Council, or even propose members from the floor (with their permission), please contact president@sasa-artists.co.za. This is your society and volunteers sustain societies, so we encourage you to attend this meeting and make your contributions.

The Merit Exhibition

This Exhibition runs at Kirstenbosch Botanical Gardens until 13 February. These exhibitions are always amazing, and both tourists and locals alike walk away filled with such joy after browsing and, hopefully buying, the artworks. Don't miss this, because the Merit works, which display varying techniques are very special indeed. A bonus is that for those of us 'no longer young', remember that entry to Kirstenbosch on Tuesdays is free for SA pensioners!

Prizewinners' demonstrations

If you missed our monthly meeting in January, you missed a real treat, because six of our 2023 prizewinners demonstrated their talents – see more about this below.

Irene Oxley

☐ Member News

The noticeboard is put up at every meeting held at The Athenaeum including the latest news from the art world. You are invited to bring along your own news items to post on the board. Members are also invited to put up notices advertising their art related products or classes. If you have any news you would like to share in the newsletter, email secretary@sasa-artists.co.za.



Your 2024 membership card will allow you to claim your 10% discount from the following art shops:

Artland, The Italian Artshop, Deckle Edge, ETH Canvases, Brush and Canvas, The Hermanus Art Shop, Truly Fantastic, Oxford Framing & Art Supplies, Gecko Art Supplies and The Write Shoppe. Also 5% from Artsauce. You will need to present your 2024 membership card when claiming your discount.



This month we welcome new members to SASA and hope to meet you all very soon:

Chris Casalena, Woodstock Anthony Lawrence, Pinelands Caryn McArthy, Kommetjie Andy Pitter, Constantia June Rossi, Fish Hoek Bronwyn Schalkwyk, Waterkloof Ridge Liese Trautman, Kenilworth Johann van der Merwe, Riverside Park

Please continue to share news or images taken at a SASA event with us, so that we can make these available to all our members.

For Instagram you can contact Trish Robertson on 079 4913030.

For Facebook please contact Libby Harrison at art@libbyharrison.co.za or Audrey Innes at audsinnes@hotmail.com.

☐ 2024 Membership Fees



Membership fees are now due. You can make online payments to:

SASA, Nedbank Constantia, Branch code 198765, Account number 1088006981

Ordinary members	R390	Country and Student members	R290
1st family member	R298	1st family member	R223
Subsequent family members	R260	Subsequent family members	R196

It is extremely important that you use your **name** (**not** your number) as the beneficiary reference when paying. Every year we receive payments with references such as 'SASA' or 'Subs' and we cannot trace these through the banking system. If this happens you will not be registered as having paid and will not receive any information from your society.

If you have paid and are no longer receiving your newsletter, please contact **Nicole** at secretary@sasa-artists.co.za so the situation can be rectified.

The **once-off joining fee** remains at R100 per member – this needs to be added onto the above amounts. This fee will also be applicable to all members whose membership has lapsed.

You will need to present your 2024 membership card when claiming your discount at the participating art shops, so please ensure that you collect your card at the monthly meeting. All the art shops have instructions to only give the discount to paid-up members. Remember it is important to renew your membership timeously, especially if you are taking part in our exhibitions.



Please note that if your membership is not paid by the end of February 2024 at the latest, your membership will lapse, and you will be required to pay a re-joining fee of R100.



☐ SASA Programme - What's on

SASA Monthly Meetings are held at the Athenaeum, Boundary Terraces, off Campground Road, Newlands, on the last Thursday of every month at 19h00. Entry is R10 for members and R20 for guests, which includes refreshments. We encourage you to attend these meetings, find out what's going on in your society and connect with your fellow artists.

Thursday 27 January: Annual Prizewinners' Demonstrations - Report Back



As in all volunteer-run societies, it is the willingness of members to share their expertise that enriches the experience for all of us. This was more than evident at the January

meeting, when the top Annual Prizewinners in each category shared the secrets of their craft and their success.

Whether it was Solly Gutman explaining the intricacies – and awe-inspiring attention to detail – of scratchboard art, Lindsay Page-Macdonald's sunbird emerging magically from a verdant oil background or Cliff Davies explaining his methods in producing his print media work which shows that art is everywhere – we only

have to be open to 'seeing' it – something for all of us to take note of and perhaps even apply in our own work.

To add to this mix of painterly skills, there were Penny Steynor's deft pastel strokes which brought her subject, a cheetah, magically to life, while Stephen Quirke effortlessly 'sculpted' rocks from flat paper with his masterful manipulation of watercolours. And then Anschen Friedrichs shared some of the secrets behind her successful painting with acrylics – almost a follow-on from December's delightful meeting (where, if you didn't learn what a 'Dutch pour' is, you missed out on a funfilled exercise in acrylics).

What a treat it was to be able to witness the range of respective crafts and skills that our Merit Members exemplified. Thank you to all for your selfless sharing!

Our sponsors – The Italian Art Shop, Artland and The Artists' Friend – were extremely generous in their donations and we thank them for their support



Anschen Freidrichs



Cliff Davies



Penny Steynor



Stephen Quirke



Lindsay Page-MacDonald



Solly Gutman



Thursday 29 February: AGM and Drawing and Sketchbook competitions

A reminder for our Annual General Meeting and Drawing and Sketchbook competitions. All the news for the year and a report on the finances will be tabled at the meeting which is then followed by the drawing competition. There is **no theme** this year, so bring along your best monochrome work of art.

Please remember that this drawing competition is a monochrome (single-colour) drawing competition. Therefore, only drawing techniques are permitted, using *one* drawing medium in any *one* colour. For example, charcoal on paper or support (an unpainted surface). Other **single** drawing media may be used, such as pencil, graphite, conté or ink. No paintings will be accepted on the evening.

Don't forget our separate section for **Sketchbooks**! Set your sketchbook at a favourite page to display to members for a separate vote. There is **no theme**, and members will be invited to vote for the winner.

Detailed rules for the Drawing Competition

Please read these carefully to avoid disappointment:

- There is no theme for this competition.
- Your work should be a recent example.
- There will only be one category for entries, with prizes awarded to the top three works chosen.
- Only members *present* on the evening are eligible to vote.
- Please ensure that your work is suitably mounted.
- This drawing competition is for a monochrome (single-colour) drawing only.
- All paid-up members present on the evening are allowed to submit one entry.
- No work containing brushwork or solvents will be allowed (eg watercolours or pastels diluted with turpentine are not permitted).



This year we will be presenting a medal for the best Sketchbook entry. This medal, which is being given in honour of **Ryno Swart**, has been designed by sculptor, **Dylan Lewis** and will be presented to the winner by international artist, **Ashley Ogilvy**. Also, to honour Ryno's memory and his love of drawing, his wife **Anne Swart** will be attending the meeting.

A special thank you to Deckle Edge for continuing to support this competition. They have donated vouchers for the drawing competition and a special hamper for the winner of the sketchbook competition. Thank you, Natasha and Peter.



Soldates se rendant aux avant-postes

Édouard Manet (1882–1883)

- Work that has been done in a class convened by an art teacher may not be submitted. Also, works previously entered in any SASA competition or exhibition may not be submitted.
- Please observe the spirt of the competition and abide by the rules.
- In view of copyright protection of photographic and other illustrative material, please remember
 when working from material that, in terms of intellectual property law, is not your own, you must
 have express written permission for it to be copied. Our standard copyright rules apply. Work
 submitted must be the original hand-made work and cannot be a photographic or electronic
 reproduction.

Detailed rules for the Sketchbook Competition

- There is no theme for this competition.
- Please provide bulldog clips or similar to hold your sketchbook open at the appropriate page.
- Please provide a firm support to prop up the chosen page for viewing.

Exhibitions

Merit Exhibition: 2-13 February









When you receive this newsletter, the Merit Exhibition at Kirstenbosch will already have been opened and it runs all the way through to **13 February**.

Those artists who achieved an overall score of 64 and above from the number of works they submitted at the August 2023 Selection Weekend were invited to submit five artworks from their new body of work for this exhibition.

We encourage members and their friends to visit Kirstenbosch and delight in what is on offer.

Members' 1 Exhibition: 1-14 March



Our first Members' Exhibition of 2024 is coming up in March.

The Entry Form and Conditions of Entry will be sent out shortly. In the meantime, please let Ingrid know whether you will be taking part or not. This really helps us with numbers and also allows us to let you know how many works of art you will be able to bring.

Email Ingrid at exhibitions@sasa-artists.co.za with a 'yes' or 'no' and how many artworks you plan to submit.

This year you will again be able to include one work exhibited from either the previous years' Annual or Merit [2023] Exhibition.

☐ SASA Plein Air Outings



Thursday 22 February: Arderne Gardens

In the fullness of its summer glory enjoy this magnificant Provincial Heritage Site, which contains, among other treasures, possibly the largest Aleppo pine in the world.

Here is an opportunity to join the **Plein Air Group** on **Thursday, 22 February**, at Arderne Gardens in Main Road, Claremont at 9h30.

For more information contact Sonja Frenz at sonjafrenz@gmail.com.

If you would like to be part of the Cape Painters and Sketchers Plein Air Group and wish to have your name added to their list, please contact:

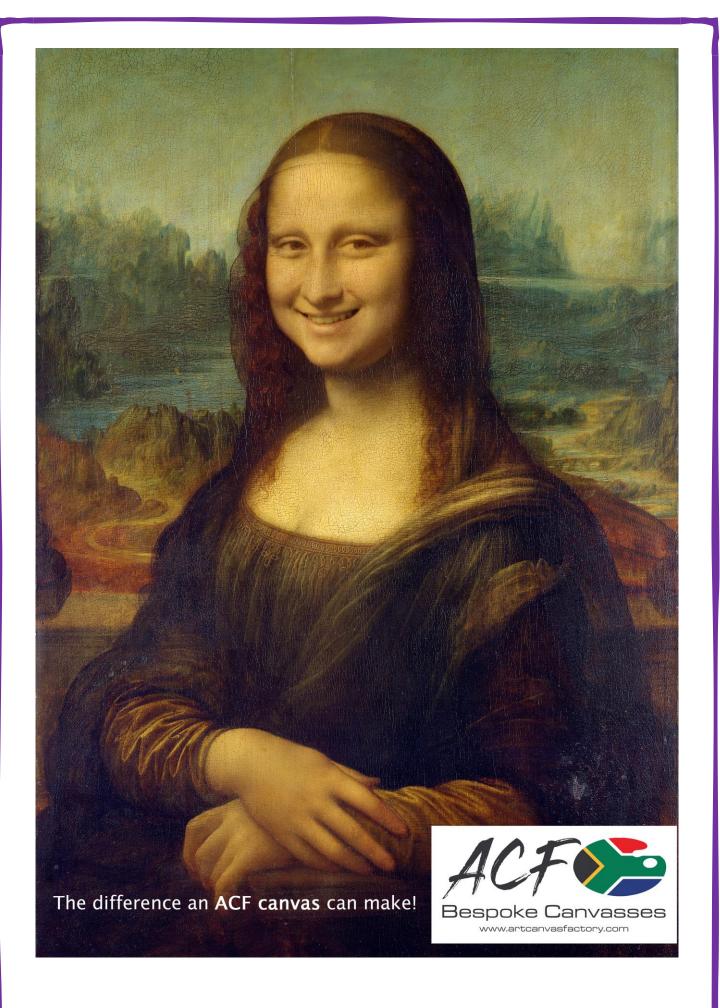
Sonja Frenz at sonjafrenz@gmail.com or

Chris Reabow at chris@reabow.co.za









□ Library



Our Library is open as usual on 29 February from 17h45 to 18h55. Your membership entitles you to take out two items per month.

Once a year (in February) we do a stocktake of all the library items. As such, any items taken

out in November need to be returned at the January meeting.

Please try to return all items so that we don't spend unnecessary time trying to find out where the 'missing'

items are. Also a reminder to all members with outstanding library items, especially those outstanding for more than two months! can you please make every effort to return these items this month.

Owing to stocktaking, no items could be taken out in January, however, we will be open for 'business' as usual from February.

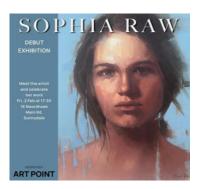
If you have any queries regarding any aspect of the library, please contact:

Kate at katiemp69.kp@gmail.com or Marlene at mgraham.sa@gmail.com

Workshops, Classes and Information

Every month we list those members who have news to share. These include exhibitions, workshops, special events, art related items for sale – anything that may be of interest to our newsletter readers. If you have any news that you would like to share, please email secretary@sasa-artists.co.za.

SASA Member Sophia Raw's Solo Exhibition, 2-29 February



Sophia Raw opens her first solo gallery exhibition in the @noordhoekartpoint Gallery. Her exhibition runs from 2 to 29 February.

The gallery is at 16 Main Road, Noordhoek, Sunnydale. Contact 083 564 2493 or email noordhoekarpoint.co.za



Preparing for an Exhibition: Tips for the First-time Exhibitor

by Ken McGillivray

How exciting! You have either been selected to take part in your first exhibition or you have taken the plunge and decided to go solo. Preparing for an exhibition is time-consuming and hectic; trying to ready everything and having the confidence to take this next step in your art career. Displaying your artwork is a major accomplishment and showing it publicly may not only help you to attract potential buyers but also open up other opportunities. It's a valuable networking occasion and meeting kindred spirits who share an interest in your work. Perhaps these tips might help.

Frame your artwork correctly: To frame or not to frame? It is not only a question of cost. Some artwork obviously does not need framing, whereas other works will definitely be enhanced by appropriate professional mounting and framing.

Label your artwork: Write your name and the year the piece was created on the back. If you don't want to write directly onto the back, secure a paper label or Post-It note stating: artist name, contact details, title of work, size, price and medium. This information may be critical to future identification.



Price your artwork appropriately: Pricing your artwork for the first time can be difficult. First, consider what commission will be charged by the organisers. Second, what value do you put on your own work? Third, consider the type of exhibition, the venue and possible buyers.

Market yourself:

Several things are important here:

- family and friends are the best advertisers connect with social media giving
- compile your artist biography
- set up a website or an Instagram presence
- your contact number and email address
- consider printing business cards



Deliver the goods: Have you considered how are you going to deliver your artwork to the venue? What happens if it's raining? Is your artwork adequately protected against damage?

The exhibition is over – whatever the outcome, it will have been a great opportunity. So, your pictures may not have sold – don't get downhearted. Pat yourself on the back: be proud of your achievement and there's always next time ...!

☐ SASA Outreach Programme







Portrait by Tiko Senzo

Portrait by Samukelisiwe Majola

SASA's outreach programme supports the Ruth Prowse School of Art, the Peter Clark Art Centre and the Michaelis School of Fine Art, and assists aspiring art students. This is the Ruth Prowse report from the year 2023.

Two students Tiko Senzo and Samukelisiwe Majola were each provided with R2 000 in the form of funds lodged with Deckle Edge for the purchase of art materials. Both are scholarship students and in financial need.

Lynette Bester remarks: 'Tiko Senzo is a talented student who is totally committed to art-making. He is driven and is already showing at a gallery in Cape Town. Drawing is his forte, subtle linework is often incorporated in his paintings.

Tiko's friends and acquaintances are a constant feature of his work since he draws from his own life and surroundings.'

Colijn Strydom remarks: 'During her time at Ruth Prowse, Samukelisiwe has grown in confidence, which has had an excellent effect on her art-making. She has strong drawing abilities and a willingness to try new things and push herself. Her warm and fun personality has endeared her to her class and shines through her work.



Art supplies I Graphic materials I Paper and board



Art supplies I Graphic materials I Paper and board

The Art Shop I 13 Mitchell Street, Hermanus, 7200 I Tel: 028 312-3901 www.brushandcanvas.co.za | Email: artshophermanus@telkor

☐ Art Classes



If you would like your name added to this list, please email secretary@sasa-artists.co.za

Karen Burns FSASA holds classes on Wednesday mornings at the Newlands Scout Hall specialising in still life working from life. You can contact her at karenjl0704@gmail.com

Sonja Frenz FSASA runs workshops from her studio in Durbanville. Contact her at sonjafrenz@gmail.com for more information

Lyn Northam FSASA holds her 'beginner and/or get back to it' oil classes at the Newlands Scout Hall on Thursday mornings. Contact her at northamlyn@gmail.com

Wyn Rossouw FSASA offers morning classes in the Bergvliet area, specialising in drawing and oil painting. Beginners welcome! Contact her at wynrossouw@gmail.com

Penny Steynor FSASA holds watercolour classes during the week from a studio in Pinelands. Contact her at steynor@mweb.co.za

Helen van Stolk FSASA offers workshops (online and live-experiential) for artists exploring intuitive expressive creativity. For more information, please email helenvstolk@gmail.com or visit https://www.helenvanstolk.com/workshops---information.html

Laura Wenman MFSASA teaches drawing and oil painting technique classes for beginners to advanced students from her studio in Parklands on Tuesday mornings and Friday afternoons. Contact her at laurawenman@gmail.com

Elize Bezuidenhout holds regular portrait workshops in her studio in Durbanville. For more information and to find out times, contact Elize at elize.artist@gmail.com

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Card and receive a 10% discount on
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Linda Brilleman offers Decorative Painting Brushstroke classes in Tableview. She is an Internationally Certified Decorative Painting Brushstrokes teacher. Contact her at lbrilleman01@gmail.com

Glenda Chambers offers both morning and evening classes and regular workshops in watercolour and oil in the Blaauwberg area. You can contact her at gchambers@mweb.co.za

Lesley Charnock teaches oil painting workshops: portraits, still life, colour mixing and en plein air workshops in the winter months only (May to November). Contact her at lesleycharnock@gmail.com or on 082 424 1033

Salomé Kruger offers drawing classes in Somerset West at the Helderberg Fine Art studios, Wednesday mornings from 9h00 to 12h00. For more information contact her on 072 591 2667 or smkruger@mweb.co.za

Marcelle Lyons holds oil and watercolour classes, and workshops and courses in the Girl Guide Hall, Alma Road, Rosebank on Monday mornings. You can contact her at marcelle.lyons@gmail.com

Joanne McGilvray holds sculpture classes in Kalk Bay. The cost is R600 for 6 x 2-hour sessions, plus the cost of all material, firing, etc. Maximum of three pupils per class. Contact her on 082 443 3116 or at joanne.mcgilvray@gmail.com

Lynne Menge holds regular workshops and classes in acrylic in her studio in the Milnerton area. Contact her at lynne@adrenalyn.co.za.

Vicki Norcliffe offers portrait classes on Monday mornings with a model. Contact her at vickinorcliffeart@gmail.com

Liz Pearson offers basic oil painting classes every Monday and Tuesday morning in the Kenilworth area. Please contact her at lizp@iafrica.com.

Inge Semple teaches semester courses in drawing and watercolour to a small intermediate class on Tuesday evenings; private art mentoring to all levels in drawing; watercolour and oils and workshops in situ from her Newlands studio, and online. Contact Inge at ingesemple@gmail.com

Kim Watermeyer (In The Zone) – light and airy studio in Plumstead. For fun, relaxed acrylic painting and mixed media lessons for beginners and intermediates. She also offers creative painting projects for those who want to join in. AM and PM classes. Contact her on 079 343 5953 or at www.kimwatermeyer.co.za/in-the-zone-art-studio

Val Watt holds monthly pastel workshops at her home studio in Pinelands – with different themes. Contact her on 081 0108121 or at valbrownwatt@gmail.com

□ Framers



We have included a list of our members who offer framing services. If you would like your name added to this list, please email secretary@sasa-artists.co.za

Artland Framing, Claremont: Shop 4 Heritage House, 20 Dreyer Street, Claremont, 083 265 7737. From concept to conclusion – wide range of framing options with personal service and professional workmanship. Two underground bays dedicated to Artland customers (down the ramp alongside Knight

Frank Properties at the front on Dreyer Street) and loads of free underground parking on a Saturdays (10h00 to 13h00).

Coralie Bradburn, Blaauwberg: Custom mountboard cutting. She has a computerised mount cutter, so all work is accurate and precise. Individual boards or bulk cuts, regular, v-groove, circular, oval and many more options. White and off-white boards always available: other colours can be ordered on request. 082 925 2416.

H&F Framers: they have been framing for 23 years and work from their home base at 12 Avenue Protea, Fresnaye in Upper Sea Point. They cater to a wide range of clients from corporates and galleries to individual artists and offer very competitive prices, 021 439 5849 or 082 414 2268.

Lynfrae Framers: Claremont is run from a home office in St Thomas Road, Lynfrae, Claremont. They pride themselves on offering excellent quality and personalised service. Contact Kendyll or Carle on 063 940 1451 or info@lynfraeframers.co.za; www.lynfraeframers.co.za

Winsen's Canvases: specialises in the manufacturing of custom-made artists canvases and custom, hand-gilded frames, with the capability of re-stretching original artworks including the stretching of canvas prints. Unit 3, Block C, Gallagher Corner, 23 Richard's Drive, Midrand. Free courier delivery nationwide, 011 315 0565; www.winsens.co.za

■ Dates to diarise

Future Thursday evening dates to diaries at the Athenaeum in 2024

At our meeting on Thursday 28 March we will be privileged to have a demonstration of Acrylic German-made Shub paints. I am more of an oil painter, but I have found this brand easy to use and it leaves a super-smooth finish.

March: Demonstration of German Acrylic Shub paints

April: Donna McKellar painting demonstration

May: Let's talk about Art Auctions

June: Critique evening, bring your painting along and get professional input.

July: Landscape, still life and life competition

These demonstrations and talks may change but the events are always informative and fun.

☐ Advertising Rates (all monies go towards the Outreach Programme)

To advertise in the newsletter or send out an email, the advertising rates for art-related events are:

Full page: R260 Half page: R160 Quarter page: R99

Email rates: Business or non-members advertising service or goods for profit R250. Members advertising service or goods for profit R200.

We are affiliate members of the

South African National Association for the Visual Arts (SANAVA)

