



# SASA NEWSLETTER April 2018

Patrons: Sam Nhlengethwa, Conrad Theys, Hayden Proud

[www.sasa-artists.co.za](http://www.sasa-artists.co.za)

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## Diary



APRIL	Thursday	19	Members' 1: Hanging
	Friday	20	Members' 1: Opening at 6.30pm
	Thursday	26	Monthly Meeting: Roger Melville Talk

“Art is the only serious thing in the world. And the artist is the only person who is never serious.”

Oscar Wild

## Editorial

Dear Members,

Welcome to all our long term, recent and brand-new members.

Let's talk about the weather. The Easter weekend was glorious. Sorry there was no rain, but we can certainly feel the winter beginning to approach with the drop in temperatures. It's April already, and the Members' 1 exhibition is looming. I hope you're all creating your finest with that in mind.

Since the AGM, there have been a few changes to the elected council and from March your new SASA Council 2018 is: Audrey Innes (President, Engraving), Adrian Larkin (Vice president, Art In the Park, Outreach, Bar, Publicity & advertising, sound & video), Liz Pearson (Secretary), Mike Forrester (Treasurer), Glenda Chambers (Library, Exhibitions and stats at exhibitions, Selection Weekend), Mary McMillan (Catering and Life Drawing), Irene Oxley (Winter Workshops, Publicity & Advertising), Libby Harrison (Life Drawing, Website, Photos, Facebook). We are still looking for a further two members to join the Council, so please if you are interested contact me at [president@sasa-artists.co.za](mailto:president@sasa-artists.co.za).

Thank you to Lesley Charnock for an awe-inspiring demonstration of portraits in oil and for all the wonderful tips. You could hear a pin drop as we all watched this beautiful painting emerge on the canvas.

19 April is the start of Members' 1 exhibition and already the response has been great. To all the members who have not already done so, let Glenda know that you will be taking part don't forget to email [exhibitions@sasa-artists.co.za](mailto:exhibitions@sasa-artists.co.za) to secure your spot. You can also volunteer your help on both hanging day – Thursday, and during the exhibition for sitting duty. We can't run the exhibition without your help.

We are very excited to have the lovely Margie Johnson, Artist Extraordinaire, to do the opening for us on Friday 20. We also had a number of requests to move the time to a later slot as traffic seems to be a major factor in getting to Kirstenbosch on time. The opening will now be at 6.30pm and if you haven't yet got your invitation, email Liz at [secretary@sasa-artists.co.za](mailto:secretary@sasa-artists.co.za) and she will send you one.

13 March, several SASA members and a few of their guests, were very privileged to be given a personal guided tour of Hayden Proud's curated 'Assessing Abstract' at the Iziko National Gallery. A tour that looked at the diversity of forms and practices that reflect our shifting definitions of 'non-figurative' art, and even of the term 'art' itself.

*'We are so used to the idea that abstract art was something 'invented' by the European avant-garde in the opening years of the twentieth century, that we seldom question the primacy of artists such as Kandinsky, Mondrian and Malevich, who are credited as the originators of what was then seen as a radical new form of painting and sculpture. However, abstraction has a much deeper and profound history stretching back thousands of years. Using our permanent collections, this exhibition seeks to prove that abstraction is an impulse much more pervasive and integral to human creative endeavour than we have previously imagined. A tour that looks at the diversity of forms and practices that reflect our shifting definitions of 'non-figurative' art, and even of the term 'art' itself.*

Thank you, Hayden, for a fascinating insight into the world of abstract art.

Until next month, enjoy lots of painting hours.

Audrey Innes

## ☐ Member News and Happening

The noticeboard is put up at every monthly meeting and the latest news from the art world posted for your information. You are invited to bring along your own bits of information to post on the board. Members are also welcome to put up notices advertising their art related products or classes. If you have any news you would like to share, email [secretary@sasa-artists.co.za](mailto:secretary@sasa-artists.co.za). We have included a list of art teachers at the end of this newsletter, so if you would like your name added to the list, please email [secretary@sasa-artists.co.za](mailto:secretary@sasa-artists.co.za).

This month we welcome to the following new members:

- Megan Wridgway of Rondebosch
- Willie Schlechter of Brackenfell
- Nyika Zinhaga of Franschoek
- Mandy Brown of Scarborough
- Wendy Morgan of Melkbosstrand
- Lisa Brouze of Clifton

**The Artist magazine** has established a niche in the South African market and for those of you who subscribe you get to know about what is going on in the South African art scene. In the last issue, Chantelle van Zyl did a beautiful pastel demo and this issue features three SASA artists. Congratulations to Shaune Rogatschnig and Laura Wenman who were runners-up in the 'Cover' Competition and to Pat Puttergill who has her work featured in the miniatures article.

There have been a number of SASA artists who have featured in this magazine in the past, including Inge Semple, Eileen Bass, Wyn Rossouw, Yvonne Ankerman, Dianne McNaughton, Elize Bezuidenhout, Leana Rauch, Mandy McKay, Helen van Stolk, Di White, Tracey Stoll, Pam Quinlan and many many more. It's worth checking out the magazine by either subscribing or taking out the library copy.

In 2018, National Geographic marks the centennial of the Migratory Bird Treaty Act, the most powerful and important bird-protection law ever passed. In honour of this milestone, nature lovers around the world are joining



forces to celebrate the '**Year of the Bird**' and commit to protecting birds today and for the next hundred years.

To honour our feathered friends we encourage you to paint, draw, etch or sculpt a bird artwork and just for the fun of it, bring it along to the next meeting where we will display them all. You can find out more by clicking on this link - [National Geographic](#).

## ☐ SASA Programme - What's on

### Monthly Meetings

SASA Monthly Meetings are held at the Athenaeum, Boundary Terraces, off Campground Road, Newlands, on the last Thursday of every month at 19h00. Entry is R10 for members and R20 for guests, including refreshments. We encourage you to attend these meetings, find out what's going on in your society and connect with your fellow artists.

### Thursday 29 March: Demonstration by Lesley Charnock: Report Back

Lesley was her usual informative and entertaining self when she did her demonstration of painting a portrait using a limited palette. A magnificent teacher, Lesley enjoys passing on her knowledge of how she works. Her colour mixing with a limited (Zorn) palette and how she uses the warm and cool to create different paintings of the same model was incredibly insightful.

Thank you, Lesley, the capacity audience loved it.



#### Thursday 26 April: Talk and Slide Show by Dr Roger Melvill:

We are so fortunate this month to have intrepid neurosurgeon, mountaineer and artist, Roger Melvill, give us a talk on his trip to the Antarctic as the doctor in residence on the Lewis Pugh expedition. Roger has been to both the north and south poles with Lewis Pugh, and he will be talking about how he sat in the freezing cold with his easel and painted and created in that wonderful wilderness.

From the Antarctic expedition sketches and paintings, he went on to hold a very successful solo exhibition in Cape Town. His journey from the beauty of the Antarctic to how he found a gallery to display his art, will be the subject of his talk.



#### Exhibitions



#### Art in the Park 1 2018: Saturday March 17: Report Back

Once again we were blessed with fantastic weather and despite all the other activity in the city over that weekend, sales went very well. Congratulations to everyone who made the effort and took part and well done to those who sold during the day.

Our next Art in the Park will be in November this year – date to be confirmed. We will keep you posted.

#### Members' 1 2018: 19 – 29 April:

Coming up in the next two weeks, those members who replied to our request for confirmation that you would like to take part, have been notified of the number of artworks they will be able to exhibit. You can still take part, but at this stage will only be allowed to exhibit one piece plus four portfolios.

Conditions of Entry and the entry form, which is part of the Conditions of Entry file, have already been sent out, but if you haven't received anything, please email [secretary@sasa-artists.co.za](mailto:secretary@sasa-artists.co.za) and I will re-send.



This time of year is always beautiful at Kirstenbosch with all the Autumn colours, so we're looking forward to a great exhibition. Hanging will be on Thursday and the Council has again decided to have the opening on the following evening, Friday 20 April. We have also made the opening time half an hour later so that everyone can get through the traffic in time!

Inspirational artist and teacher, Margie Johnson, will be opening the exhibition.

#### Plein Air Outings

#### Plein Air outing to False Bay Yacht Club, Simon's Town: Report Back



Although attendance wasn't huge, those who made the trip down to Simon's Town thoroughly enjoyed the setting, the weather and the camaraderie. Thank you, Johan, for organising these outings this summer. Many thanks to the Management and Admin staff of the Yacht Club for allowing us free access to paint or sketch anywhere!

With the lovely little bit of rain we've had signalling the beginning of winter, our plein air outings will start again in September/October. Keep an eye out for our winter workshops which will be details in forthcoming newsletters and also our life drawing programme coming up in June (in this newsletter).

## □ Life Drawing



We have three provisional dates booked for life drawing sessions on Thursday evenings at the Athenaeum – 17 May; 16 August; 13 September.

As was discussed at the AGM, we need at least 10 members per session to cover the cost of the hall and the model. We can't book the hall until we have 10 committed (and paid up) artists.

So, for those of you who expressed an interest in attending these evening sessions, please book through [secretary@sasa-artists.co.za](mailto:secretary@sasa-artists.co.za) and pay – R100 per session – to SASA Nedbank Constantia branch 198765 account 1088006981 – PLEASE use your name as the beneficiary reference, so that we can book the hall. If

we don't get enough interest, we will be cancelling evening life drawing at the Athenaeum. (Obviously, if you've already paid and we don't get enough takers, you will be reimbursed.)

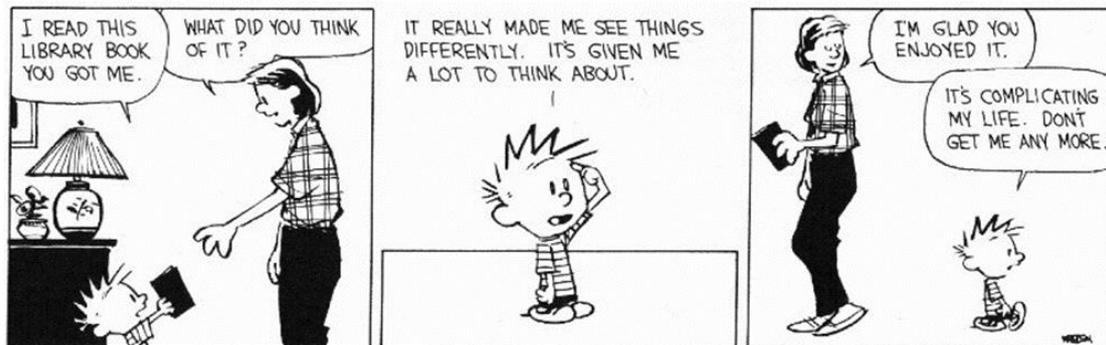
The **Winter Life Drawing** sessions will start in June and will run every Saturday morning from the 2<sup>nd</sup> to 30<sup>th</sup> inclusive. These will again be held at the Scout Hall in Newlands, 2 Greenford Road, next to Forries, from 9.30 – 12.30; you can book your place now by emailing [secretary@sasa-artists.co.za](mailto:secretary@sasa-artists.co.za). The cost will be R250 for all sessions or R60 per session.

Because of space limitations, there will be a cut-off of 30 people, so please send an email to [secretary@sasa-artists.co.za](mailto:secretary@sasa-artists.co.za) to book your space. Payments can be made to SASA Nedbank Constantia branch 198765 account number 1088006981 and PLEASE use your name and what you are paying for as the beneficiary reference – 'name/life drawing'

## □ Library

Our Library is open from 17:45 to 18:50 prior to every monthly meeting. Your membership entitles you to take out two items per month. Remember you will be fined for overdue items - R20 for a DVD, R10 for a book and R5 for magazines.

If you want to keep an item out for a second month there will be no fines levied provided you let the librarian know beforehand. Some popular items will only be lent out for a month, for obvious reasons. To renew your library items or to find out more about the library and what it entails, please contact Glenda Chambers at [exhibitions@sasa-artists.co.za](mailto:exhibitions@sasa-artists.co.za).



## □ SASA Online Gallery

The SASA gallery gives members the opportunity to get to a wider audience and the cost of having your work included in the SASA Gallery will be R250. This will include the cost of uploading a maximum of five artworks submitted and no additional charge will be made for up to five changes during the financial year.

Please remember that the money paid towards the gallery goes to promoting the site online.

For more information and how to get onto the gallery, visit our website at [www.sasa-artists.co.za](http://www.sasa-artists.co.za). You can also email Libby Harrison at [art@libbyharrison.co.za](mailto:art@libbyharrison.co.za) and she will be happy to assist you with any queries.

## ☐ Outreach

Remember we have an outreach programme that benefits those less fortunate in two ways. Money is collected from advertising and other revenue sources and donated to the Peter Clarke Art Centre every year. We also have a prize every year for a worthy student from the UCT Michaelis School of Art where we sponsor a 'tab' at an art supply shop for that student to purchase the necessary art materials he or she needs.

The second way is for you, our members, to donate your unwanted art materials – brushes, paints, etc so we can pass them on to those who we believe need them to continue their art practice. If you want to donate old and unwanted materials, there is a box at the monthly meetings or you can hand them to Adrian Larkin who is responsible for our Outreach programme.

It's also a special 'thank you' to Winsen's Canvases for their donations to those less fortunate in our community.

## ☐ Workshops, Classes and Information

Your 2018 membership card will allow you to claim your 10% discount from the following art shops: **Deckle Edge in Salt River, The Italian Artshop in Rondebosch, Brush and Canvas in Claremont, The Art Shop in Hermanus and Artland in Claremont.** Also 5% from **Art Source in town and Creative Atelier in Durbanville.** And **Blanc Canvass in Gardens** is now also offering SASA members a 10% discount. You will need to present your 2018 membership card when claiming your discount.

Currently on, **Chantelle van Zyl's** solo wildlife exhibition at the Chardonnay Deli in Constantia until April 30. The exhibition showcases Chantelle's love of wildlife and the importance of preservation. A portion of the proceeds of sales will be donated to the Cape Leopard Trust. For more information, contact Chantelle on 073 150 4988 or [back2africa-art@iafrica.com](mailto:back2africa-art@iafrica.com).

**Mandy McKay** will be having her first solo exhibition at the Cape Gallery, 60 Church Street, Cape Town. Tel 021 423 5309. The opening will be on Sunday 20 May and 4pm and everyone is welcome to celebrate with Mandy. For more information please contact the Cape Gallery direct.

**The Stellenbosch University Museum** is inviting emerging and established artists to participate in an upcoming exhibition aiming to bring together a collection of 100 artworks which re-images the future of Stellenbosch and higher education in Africa. They are looking for innovative, thought provoking work that will serve as a catalyst for debate and engagement on the future of the university. Proposals for submission are open until 4 July and you can contact the organisers direct for more information. Laura Jonck, 52 Ryneveld Street, Stellenbosch, Tel 021 808 3668; [kunsartstel@sun.ac.za](mailto:kunsartstel@sun.ac.za).

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## ☐ Overcoming Creative Blocks

From ArtistsNetwork : Ideas to Overcome Creative Blocks

Do you find a blank canvas or page intimidating?

1. Apply a wash of colour across it right away. It doesn't matter what colour — just load your brush and make a stroke. Now you've got movement and colour. You can always cover it up later, but staring at a canvas striped with colour is a lot more inspirational than looking at glaring white and not knowing where to start. (Even if the place to start is covering up that strip of colour.)

2. Get organized. Go through your studio and put everything in its place — and find a place for everything. Open every cabinet and every drawer. Most artists have more painting supplies than they use. That box you find in the back of the closet might be just the thing to inspire you to try something new.

3. Try a new medium. If you generally work in oil paints, try watercolour. If you usually do collage, try rubber-stamping. Most arts have crossover techniques and information, such as colour theory, that can help you to see your own art in a new way.

4. Take a class. There are few things more inspiring than someone who is passionate about what they do. Taking a class with a good teacher will remind you why you love your art. The bonus is that you will also be socializing with fellow creative beings and that is also almost always a catalyst for inspiration.

5. Make it about one colour, black and white. Take a colour and just play. It could be a single stick of charcoal or pastel or one tube of paint that you use to create marks with brush or palette knife or finger. Add white and black to put the color through its paces. As you reveal one color story, you will find more to tell.

6. Create an idea journal. Every time you see a picture in a magazine that appeals to you, rip it out. Don't ask yourself why. Put your clippings together in a sketchbook grouped by colour



theme, shape or any other common denominator.

When you're feeling blocked, work from the journal, for example, to:

- Create a painting to go in a room featured in a home decor magazine that you have cut out.
- Do a quick rendition of the first image that catches your eye, on the supplies you have on hand.
- Paint a flower inspired by a photo from a food magazine or garden catalogue.
- Sketch half-formed ideas, or make notes about things you might want to do. If you don't write it down, you'll forget.

When you're blocked, it's the perfect time to flip through your idea journal and make one those ideas a reality. You can also make a digital idea journal. Just create a folder on your computer or phone and store screenshots and images as you surf the web.

7. Get out. Don't beat yourself up over not being able to work. Go see a movie, read a book, visit a garden or spend time with a friend. Just keep your mind open for ideas. When you beat yourself up you're too busy ... beating yourself up ... to notice all the inspiration that surrounds you.

8. Make a list of projects that you've always wanted to try. Remind yourself of the art, both big and small, that you have always wanted to make. Get excited about these creative projects all over again. Then close your eyes, swirl your finger and pick one.

9. Keep a block journal. Every time you feel blocked, write about it. Put all of your feelings out on paper. Sometimes it is scary to admit what you are feeling and why you are feeling it, but putting your thoughts down in this way is a safe way to let it all out. Then, once you're back on track, write down how you got there. What ignited your spark again and had you ready to create once more? This record, written for your eyes only, will give you the keys to your own inspiration and creativity. You might be surprised to look back and find all the things that work to help you topple your creative blocks!

10. Kick your inner critic in the shins. Your inner critic is always looking over your shoulder or urging you to act

a certain way or do certain things to be validated and accepted. Don't play the compare game with yourself. You can't do your best work with one eye on the applause meter. The truth is that you need to work to please one person in the room — yourself.

When you feel those doubts creeping in, remember, you are the most important person here. If you don't

like the art you are making, don't show it to anyone. Paint over it, burn the evidence. If you want to try something new, do it. No one is watching and judging you.

When you work to please yourself, the rest will take care of itself."

## □ Art Classes



If you would like your name added to this list, please email [secretary@sasa-artists.co.za](mailto:secretary@sasa-artists.co.za)

**Marion Langton FSASA** offers workshops and classes in watercolour in the Somerset West area. She can be contacted on [mlangton@telkomsa.net](mailto:mlangton@telkomsa.net).

**Lyn Northam FSASA** holds her 'beginner/ get back to it' oil classes at the Newlands Scout Hall on Thursday mornings. Contact her at [northamlyn@gmail.com](mailto:northamlyn@gmail.com)

**Wyn Rossouw FSASA** offers regular workshops and classes in the Bergvliet area specialising in drawing. Her email is [wynrossouw@icloud.com](mailto:wynrossouw@icloud.com).

**Penny Steynor FSASA** offers watercolour classes during the week in her studio in Rondebosch. Contact her on [steynor@mweb.co.za](mailto:steynor@mweb.co.za).

**Laura Wenman FSASA** offers drawing and oil painting technique classes for beginners to advanced students from her studio in Parklands. Tuesday mornings and Friday afternoons. Contact her at [laurawenman@gmail.com](mailto:laurawenman@gmail.com).

**Elize Bezuidenhout** holds regular portrait workshops in her studio in Durbanville. For more information and to find out times, contact Elize at [elize.bezuidenhout@vodamail.co.za](mailto:elize.bezuidenhout@vodamail.co.za)

**Karen Burns** has classes on Wednesday mornings at the Newlands Scout Hall specialising in still life working from life. You can contact her at [karenjl@telkomsa.net](mailto:karenjl@telkomsa.net).

**Glenda Chambers** offers both morning and evening classes and regular workshops in watercolour and oil in the Blaauwberg area. You can contact her at [gchambers@mweb.co.za](mailto:gchambers@mweb.co.za).

**Rose du Preez** offers "acrylic on canvas" art classes from her studio in Plumstead. Mornings, Tuesday (Beginners) and Friday 9.30 am-12.00, Evenings, Monday and Wednesday 7pm-9.30. Contact Rose at [rosemarydupreez@yahoo.com](mailto:rosemarydupreez@yahoo.com)

**Sonja Frenz** runs both workshops and regular art lessons from her shop in Durbanville. Contact her on [sonjafrenz@gmail.com](mailto:sonjafrenz@gmail.com) for more information.

**Alyson Guy** in the Hermanus area, has weekly art classes on Mondays and Tuesdays from 14h00-17h00 and Tuesday to Thursday from 10h00-12h30. Oil, acrylic, watercolour and pastel are covered. Contact [mag@hermanus.co.za](mailto:mag@hermanus.co.za).

**Marcelle Lyons** holds oil and watercolour classes, as well as workshops and courses in her studio in Hout Bay. You can contact her at [marcelle.lyons@gmail.com](mailto:marcelle.lyons@gmail.com)

**Lynne Menge** in the Milnerton area holds regular workshops and classes in acrylic in her studio. Contact her at [lynne@adrenalyn.co.za](mailto:lynne@adrenalyn.co.za)

**Vicki Norcliffe** offers portrait classes Monday mornings with a model. Please contact her at [vickinorcliffeart@gmail.com](mailto:vickinorcliffeart@gmail.com)

**Christopher Reid** offers regular workshops and classes in his Hermanus studio teaching a wide range of subjects such as plein air landscapes, portraiture, drawing, and advanced color theory. Contact him at [chris@ReidsArt.com](mailto:chris@ReidsArt.com)

**Inge Semple** holds watercolour classes in the Southern Suburbs. She also holds regular workshops. Contact her on [iicjsemple@mweb.co.za](mailto:iicjsemple@mweb.co.za).

**Kim Watermeyer** offers general art classes in a studio in Plumstead: including acrylic painting, drawing, linocuts, printing etc. Morning & evening classes. Beginners welcome. Contact: [kimwatermeyer@gmail.com](mailto:kimwatermeyer@gmail.com)

## ❑ Advertising Rates

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**All money earned from advertising goes towards our Outreach Initiative.**

To advertise in the newsletter or send out an email, the advertising rates for *art-related* events are:

Full page	R260	Quarter page	R110
Half page	R160	Sixth page	R 85
Third page	R130	Eighth page	R 70

**Email rates:** Business or non-members advertising service or goods for profit. R200

Members advertising service or goods for profit. R150

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